



Personal History

Name: _____ Date: _____ Phone: _____ DOB: _____
Cell: _____ Sex: M F T

YOUR MEDICAL HISTORY (Please circle which medical conditions you have had):

- High Blood Pressure, Heart Problems, High Cholesterol, Diabetes, Stroke, Lung Problems, Asthma, Allergies, Liver Disease, Stomach Ulcers, Diverticulitis, Gallstones, Pancreatitis, Blood Clots, Anemia, Thyroid, Kidney Problems, Low Back Pain, Arthritis, Neurologic Problems, Mental Illness, Depression/Anxiety, Cancer (type of cancer), Other Conditions:

Your Surgeries / Operations:

Your Current Medications:

Allergies to Medications:

How often do you use tobacco? _____ Occupation: _____ Pets: _____
Drinks per week? _____ Marital Status: _____ Hobbies: _____
Any Recreational drug use? _____ Ages of Children: _____ Do you exercise? _____

Your Family History (Do you have any blood relatives with these problems?):

Heart Attack (who and what age?) _____
Cancer (who and what age?) _____
Other: _____
Have you or anyone in your family ever been threatened, injured or abused by someone you know? _____

Vaccinations / Immunizations (Date of last shot):

Flu Shot (influenza): _____ Pneumonia Shot (pneumovax): _____
Hepatitis B: _____ Chicken Pox (Varivax): _____ Tetanus: _____

Preventative Health Maintenance (Please indicate year of last screening – if applicable):

Mammogram / PSA: _____ Colonoscopy: _____
PAP Smear: _____ Cholesterol Exam: _____
Bone Density / DEXA Scan: _____ Eye Exam: _____

Please tell us if you have any specific goals for your health, wellness and medical care?

Are there any other important things we should know about you?

How did you hear about North Vista Medical Center? _____